**Parent Webinars:**

We are delighted to be working with the ADHD Foundation this year. As well as our staff having access to training and a therapist visiting to work with some of our children, we also have access to their wonderful parent/carer courses!

Courses available are as follows:

**“Understanding and supporting my child’s ADHD” programme comprises of 3 x 1hr webinars, with an opportunity for Q&A afterwards.**

The breakdown of the sessions are as follows:

* Neuroscience of ADHD
* Sleep and Wellbeing with ADHD
* Stress Response and Self Resilience

**Understanding ASD webinars,  2 x 1hr 15min, with Q&A afterwards**

The ASD programme is as follows:

* Understanding ASD presentations and sensory sensitivities
* ASD, Co-morbidity and complexity

**Understanding Behaviour webinars, 2 x 1hr 15min, with Q&A afterwards**

* Functions of behaviour
* Promoting the Behaviour we would like to see

For more information or to be referred, please see Mrs Cottom